

HOW DO YOU PREPARE A LONG STUDY PERIOD AND BE SUCCESSFUL?



ANALYZE YOUR SITUATION

Think about it and try to face this challenge. Most importantly, believe that you have prepared yourself and will do **everything in your power to be successful..**

BE AWARE

Decide whether you can spend a **long time to study and continue with that goal.** The key is to know whether you can take it on. **Don't fool yourself**



HOW MUCH WILL YOU GIVE?

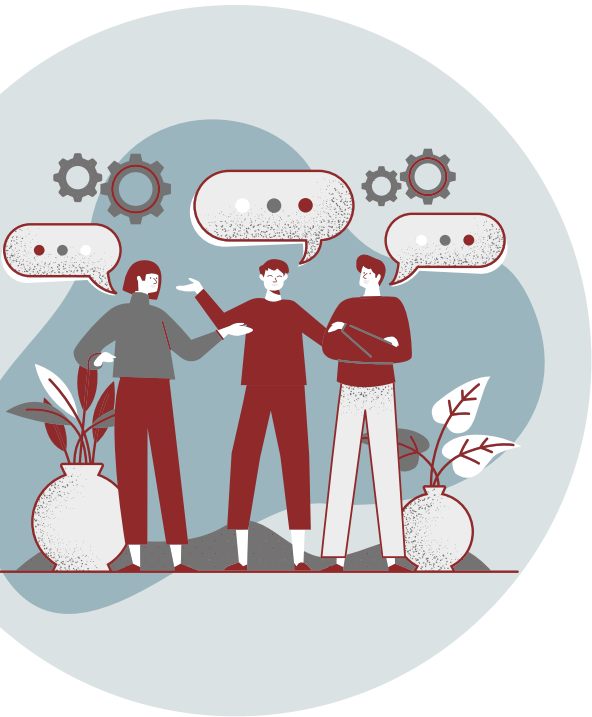
Ask yourself the following questions: How much time will I spend on it? What resources will I use? Will I prepare without any help? What is my goal? **Doing things right** and with planning puts you on the path to success and saves you from failure.



MAKE REALISTIC TIME PLANNING

Define the tasks that you will carry out, **try to organize yourself** and distribute them well, setting the expected pace for each week and each month. **Make an effort to fulfil the planning.**





RELATE TO PEOPLE WITH THE SAME NEEDS

It is important **to make everything positive**. Don't waste time on negative rumours. Rumours can be demoralizing. Think that you have to continue as you have been doing until now and that **you are doing very well**.

DECIDE EVERY DAY TO CONTINUE PROGRESSING

Spend some time each **day meditating and evaluating your evolution**. If you feel discouraged, think that it is worth the effort, because the reward is for your entire life. Your effort is the best resource you have, **don't let it run out**.



SURROUND YOURSELF WITH POSITIVE THOUGHTS

Have people around you who are honest and help you **grow**. Above all, choose well, as people can make negative comments that can make you insecure.



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